Our mission is to coalesce, inspire and support the Head Start field as a leader in early childhood development and education.

Nurturing Staff Wellness

PDSA Worksheet

The Quality Improvement Cycle

The quality improvement cycle is an iterative process, meaning it doesn't happen just once. The cycle can happen multiple times to continuously improve, refine interventions, and identify and solve new problems.

PLAN

1a. Define the problem:

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1b. Establish a goal:

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1c. Propose an intervention:

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1d. Determine how to measure success:

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________________________________________________________________________

For additional information on this toolkit, please visit go.nhsa.org/QI-Toolkits
DO:

2a. Rewrite your intervention here, using as much detail as possible:

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2b. Implement the intervention. Write any relevant notes:

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STUDY:

3a. Rewrite the goal you established:

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3b. Rewrite the measurement you outlined:

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3c. Analyze your results. Did you achieve your goal?

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ACT:

2a. Are you going to (A) adopt, (B) adapt, or (C) abandon your intervention? (Circle answer and explain)

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