

Immediate Impacts: *Giving America's Children the Head Start Advantage*

Decades of research have documented the impacts of Head Start. Findings show that children who participate in Head Start programs receive countless benefits. These impacts appear immediately, last a lifetime, and even benefit the subsequent generation. These advantages include:



Head Start children significantly reduce their vocabulary gap during the program year.



Head Start children finish with higher scores on all cognitive and social-emotional domains.



Head Start children are more likely to have received dental checkups.



Head Start children have healthier BMIs by the end of the program year.



Head Start children in foster care or non-parental care are more ready for school.



Head Start children exhibit fewer problem behaviors, such as aggression and hyperactivity.



Head Start children have lower mortality rates for relevant causes, such as asthma or anemia.



Head Start children are more likely to have received vaccinations.

Citations:



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